

FAITH TRAINING
Hebrews 12:4-11

I. THE EXHORTATION FOR SPIRITUAL TRAINING
(vv. 4-6)

A. Encouraged by the Reason for Training (v. 4)—
striving against sin

B. Encouraged to this Response to Training (vv. 5-
6)—*do not despise the chastening of the LORD*

II. THE ENCOURAGEMENT IN SPIRITUAL
TRAINING (vv. 7-9)

A. Training Is a Sign of Love (vv. 7-8)—*God deals
with you as with sons...*

B. Training Calls for Submission to the Lord (v. 9)—
be in subjection to the Father of spirits

III. THE EXPECTATION FROM SPIRITUAL
TRAINING (vv. 10-11)

A. We Become Partakers of Holiness (v. 10)—*that we
may be partakers of His holiness*

B. We Bear the Peaceable Fruit of Righteousness (v.
11)—*it yields the peaceable fruit of righteousness*